

## Guidelines for Contributing Authors

### Manuscripts

*The Journal of Prenatal and Perinatal Psychology and Health* accepts only original material that is not under consideration by any other publications. Articles should be word-processed and transmitted electronically as a Word document to the Editor. The Editor reserves the right to edit manuscripts for length, clarity, and conformity with the journal's style. The author should retain his/her copy. American spelling should be used. The paper should be between 2,000 and 8,000 words with a 100-word abstract and at least three keywords. (See further guidelines for submitting a manuscript in the current APA Publication Manual (2020), specifically, "Author Responsibilities.")

The journal is interested in publishing theoretical and empirical articles utilizing data gained from clinical work, experimental research, case studies, and self-report. Among the areas of special interest are:

- Psychological factors that affect conception, pregnancy, labor, birth and the postpartum period;
- The reciprocal mechanisms of interaction between the pregnant mother and her unborn and sentient child and the mother and her newborn;
- The influence of the family, society, and the environment on the pregnant mother and her unborn child;
- Evidence-based measures that will improve the emotional well-being of mothers, fathers, and newborns;
- The psychological effects of medical technology during conception, pregnancy, labor, and birth on all parties concerned;
- Methods of prevention and intervention/resolution of prenatal and perinatal traumas with children and adults;
- Interfaces between prenatal and perinatal psychology and medicine, genetics, developmental psychology, anthropology, ethics, and the law.

### Illustrations, Figures and Tables

All illustrations and tables should be included separately from the manuscript (in a separate document) and should be clearly identified in Arabic numerals, showing which is the top of the illustration if this is not obvious. Tables must supplement the text without duplicating it. **Refer to APA publication manual for detailed instructions on tables and figures.** Illustrations should either be black-and-white glossy photographs or India ink drawings. Tables, figures, and illustrations should include an appropriate title and be in **jpg or png** file format. Keep in mind the 6x9 finished size of journal pages.

### Other Requirements

Please include 50-100 word brief bio (total for all authors), as well as complete contact information for all authors.

### APA Style

Formatting and referencing must follow APA style. References should be limited to work cited in the article. All cited material should be on the reference list.

American Psychological Association (2020). *Publication manual of the American Psychological Association* (7th ed.). Washington, DC: Author.