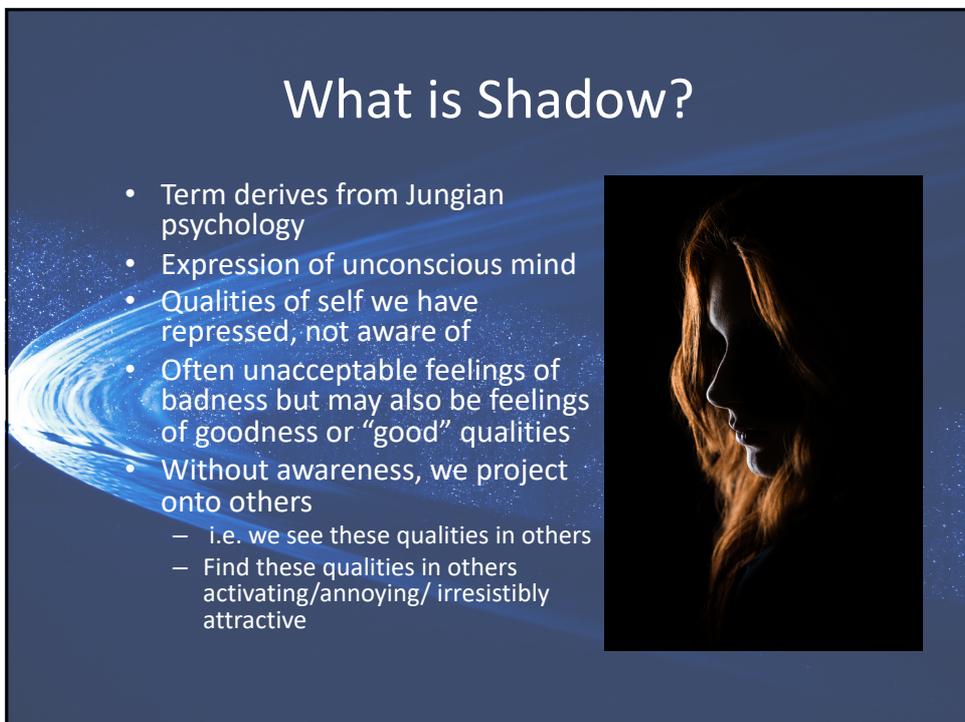
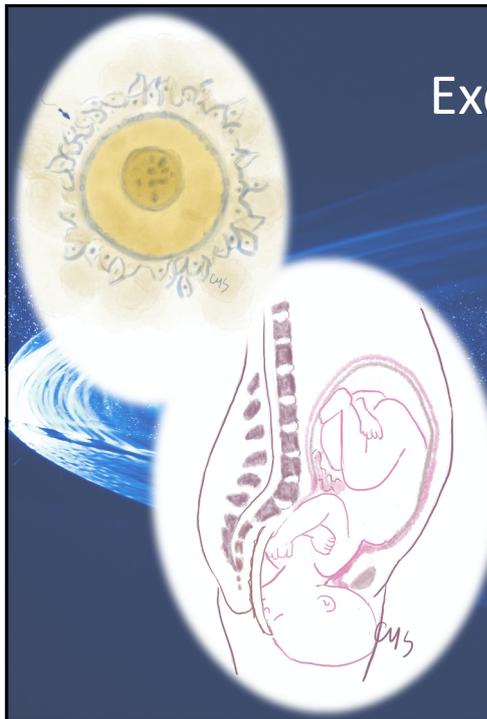


1



2

## Exquisite Sensitivity



The illustration shows a large, glowing cell with a yellow nucleus and a blue cytoplasm on the left. On the right, a pink line drawing of a fetus is shown in the womb, with a blue umbilical cord. The background is a dark blue gradient with a subtle starry pattern.

- Babies are sensing their environment
- Even as a unicellular organism
- Cellular awareness and response to energetic, bio-chemical, psychological information and context

3

## Preconception Bonding



The image displays three book covers. The top cover is titled "I Remember When I Was In Mommy's Tummy" by Dr. Alan Hingray, M.D., Ph.D. The middle cover is "SOUL TREK" by Elisabeth Hallett, featuring a cartoon character. The bottom cover is "Children who communicate before they are born" by Dietrich Baur, Max Hoffmeister, Harmut Goerig, published by Temple Lodge.

- Children communicating to or choosing parents before conception
- Conscious Conception – welcoming new being in

4

# What might the little one be aware of?



5

# Surrounding fields...

- Parental
- Familial
- Ancestral
- Cultural
- Epigenetic changes carry ancestral, intergenerational history



6

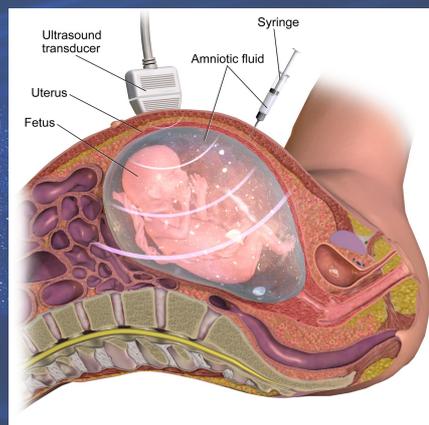
## Environmental fields...



7

## Intrusions to the Womb

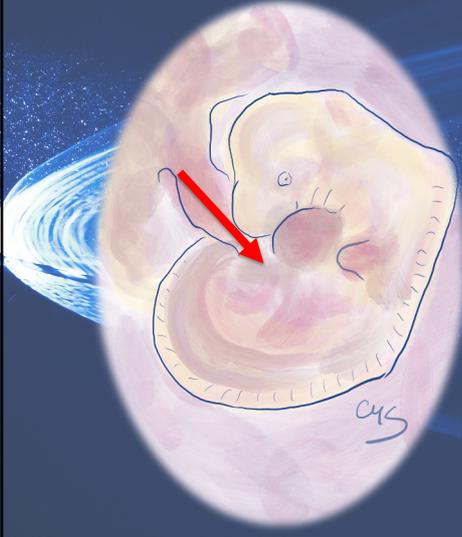
- Ultrasound
- Amniocentesis
- Prenatal surgery
- Loud sounds
- Violence
- Umbilical Toxicity



By BruceBlaus - Own work, CC BY-SA 4.0,  
<https://commons.wikimedia.org/w/index.php?curid=44752456>

8

## Umbilical Affect



- Original term from Francis Mott, developed further by Frank Lake
- Inflow through the umbilical cord of maternal emotions (affect), feelings and experience on prenatal, and ranging from positive to highly toxic.
- Can include postnatal maternal influence due to close connection

9

## Where does all this information go?



- We tend to
  - retain consciously what we learn is acceptable
  - forget on a conscious level what is not acceptable
- What we hold in unconsciousness can profoundly affect our perceptions, choices, behaviors, relationships, personality, etc.

10

## Learning to be less sensitive

- Cultural conditioning
  - Doing what's expected
  - Following the rules
  - Fitting the circles in the round hole, squares in the square hole
- Language
  - Learning to not perceive certain sounds and orient only to those of the language around us
- Pre- and perinatal memory
  - Learning that these are fantasy and not valuable



11

## Prenatal and Birth Experience as Shadow

- Trauma common
- Often not acknowledged, reflected
- Not integrated into verbal, conscious memory/awareness
- Shadow is acted out/projected



12

## Cultural Shadow: Fear & Isolation of Birth and Death



*Awareness is too painful and would lead to change...  
(is leading to change!)*

13

## Integration: Return to Wholeness

Awareness enables us to treat babies not as an isolated “product of birth” but as a member of a community, a human field, a planetary field, a cosmic field. Welcome...

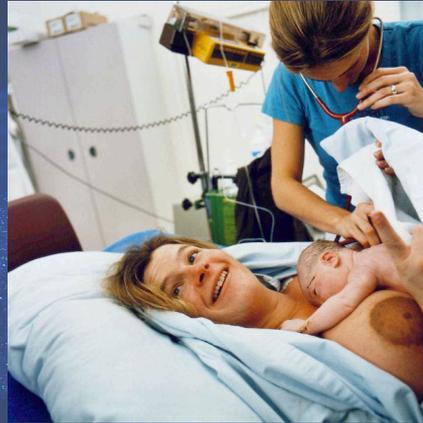


- Little ones need
  - To be welcomed, included, acknowledged, accepted
  - Slower pacing to avoid overwhelm and shut down
  - Respectful, negotiated contact
  - To be listened to, received
  - To be protected
  - To have their experiences, perceptions, feelings appreciated, heard and reflected

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## Supporting Awareness, Reducing Trauma

- Medical interventions can be done in less disturbing, more respectful, relational ways
- Trust vs. distrust
- Communication vs. commands or silence
- Love/safety vs. fear/defensiveness
- *When we have awareness, we can make choices consciously, rather than just acting out our history*



[https://commons.wikimedia.org/wiki/File%3AGeburt\\_01.jpg](https://commons.wikimedia.org/wiki/File%3AGeburt_01.jpg)

15

When the infant makes its first appearance, emotion is at its height. And everyone's breathing – already tight – chokes, stops altogether.

“Will the baby breathe?”

We are all holding our own breath. Identifying with the baby, however unconsciously.

**We have all returned to our own births – fighting for breath just like this newborn baby; close to suffocation.**

And we don't have the umbilicus to supply us with oxygen.

So things quickly become unbearable.

It's necessary to “do something.”

The easiest, the most sensible, the most obvious thing for the onlooker to do – would be simply to breathe.

Instead of which, he cuts the baby's umbilicus.

His own emotional involvement has made him irrational.

Naturally, the infant howls.

**Each person present exclaims in relief: “He's breathing!”**

**Poor fool! It's only himself he has relieved.**

**What he really should be crying out is: “I am breathing!”**

Because the truth is that the baby was in no hurry – its umbilicus was allowing it plenty of time.

Under the pretext of aiding this new and “other” being, the attendant has considered only himself.

**Without knowing it, he has made a transference. He has rid himself of his own anguish by projecting it onto the child.**

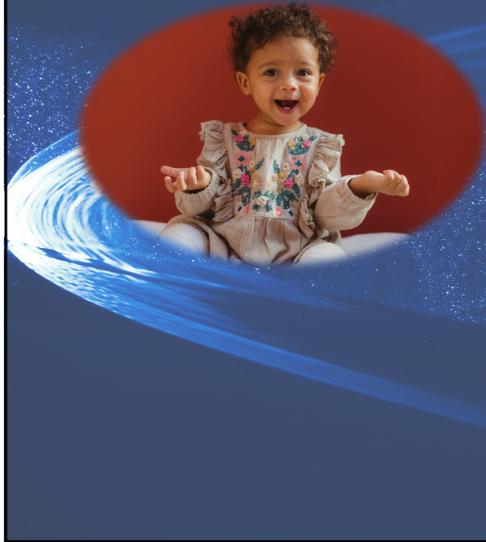
And it is this sacrificial lamb, deprived of his umbilicus, who suddenly is choking.

And howling...

- Frederick Leboyer, 1975, *Birth Without Violence*

16

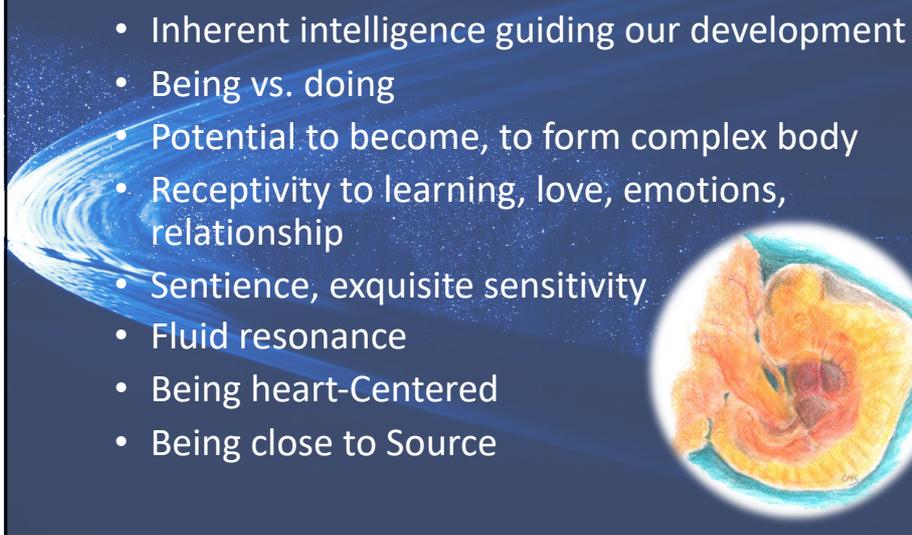
## Acknowledging What We Know



- Awareness is the first step in healing
- Being willing to look at and acknowledge how our own history may have affected us
- Being supported in repairing our relationship to what happened in the past
- Differentiating between then and now
- Embracing our full potential

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## Shining the Light on our Original Embryological Potential



- Inherent intelligence guiding our development
- Being vs. doing
- Potential to become, to form complex body
- Receptivity to learning, love, emotions, relationship
- Sentience, exquisite sensitivity
- Fluid resonance
- Being heart-Centered
- Being close to Source

18

