

**Wendy Anne McCarty, PhD, RN, HNB-BC, DCEP**

[www.wondrousbeginnings.com](http://www.wondrousbeginnings.com)

315 Meigs Road A306

Santa Barbara, CA 93109

**drwmccarty@gmail.com**

### **Selected Publications and Recordings**

As of September, 2016

*Where to find the publication and whether it is free or for purchase is noted at the end of each citation. Free PDFs are at Dr. McCarty's website. To purchase publications, email Dr. McCarty.*

McCarty, W. A., Glenn, M., et al. (2008, 2016). *Nurturing Human Potential and Optimizing Relationships from the Beginning of Life: 12 Guiding Principles*. [Brochure]. Natural Family Living-Right from the Start: Santa Barbara CA.

McCarty, W. A. (2015). The prenatal and perinatal history: A vital component of effective holistic practices, *Somatic Psychotherapy Today*, 5(1), 40-41, 110-115. FREE

McCarty, W. A. (2014). Aligning our human experience and healing within our multidimensional wholeness. *The Energy Field*, (2), Association for Comprehensive Energy Psychology. FREE

McCarty, W. A. (2014). Prenatal and perinatal psychology: Rediscovering the primary relationship of self. *Somatic Psychotherapy Today*, 4 (1), 52-57. FREE

McCarty, W.A. (2013). EFT for the beginning of life: Supporting wholeness, human potential, and optimal relationships. In D. Church and S. Marohn (Eds.), *The clinical EFT handbook: A definitive resource for practitioners, scholars, clinicians, and researchers (Vol. 2)*, (pp. 415-436). Fulton, CA: Energy Psychology Press. FOR PURCHASE

McCarty, W. A. (2013). *O Extraordinário Mundo Interior dos Bebês: Do Útero ao Berço*. Brazil: Grupo Editorial Pensamento. (Portuguese translation of *Welcoming Consciousness*-2012. Available <http://www.pensamento-cultrix.com.br>) AMAZON

McCarty, W. A. (2013). *Ich bin Bewusstsein: Babys von Anfang an als ganzheitliche Wesen willkommen heißen. Ein integratives Modell frühkindlicher Entwicklung*. Germany: Innenwelt Verlag. (German translation of *Welcoming Consciousness*-2012. Available Amazon.de print and ebook) AMAZON

McCarty, W. A. (2012). *Welcoming consciousness: Supporting babies' wholeness from the beginning of life-An integrated model of early development*. Santa Barbara, CA: Wondrous Beginnings Publishing. (Amazon in print or Kindle) AMAZON

McCarty, W.A. (2011). Consciousness at the beginning of life. *Bridges—ISSSEEM Magazine for living subtle energies*, 21(1), 12-15. FREE

McCarty, W. A. (2010). Supporting human potential and optimal relationships from the beginning of life: Twelve guiding principles of the primary period. In M. Shea (Ed.), *Biodynamic craniosacral therapy*, (Vol. 3, pp. 201-208). Berkeley, CA: North Atlantic Books.

McCarty, W. A. and Glenn, M. (2008). Investing in human potential from the beginning of life: Keys to maximizing human capital. *Journal of Prenatal & Perinatal Psychology & Health*, 23 (2), 117-135.

McCarty, W. A. and Glenn, M. (2008). *Investing in human potential from the beginning of life: Keystone to maximizing human capital*. (Retrieved from <http://wondrousbeginnings.com/html/resources.html> on 7/9/09). FREE

McCarty, W. A. (2008) *La conciencia del bebe antes de nacer*. Mexico: Editorial Pax. (Spanish edition of *Welcoming Consciousness*. Available from online bookstores and author.) AMAZON

- McCarty, W. A. and Glenn, M. A. (2008). *Primary Psychology: Bridging the Divide of Early Development*. (Retrieved from [www.naturalfamilylivingsb.org](http://www.naturalfamilylivingsb.org) on 6/22/08).
- McCarty, W.A. (2008). *Mother-Baby Bonding During Pregnancy: A Legacy of Love. New York Guide to Healthy Birth 2008*. New York: Choices in Childbirth. FREE
- McCarty, W. A. (2007). *Editorial. Special issue: Doctoral research*. *Journal of Prenatal and Perinatal Psychology and Health*. 22 (1), 1-3. (Guest editor for journal issue)
- McCarty, W.A. (2007). *EFT for mom, baby, and dad from the beginning of life*. Wondrous Beginnings Publishing: Santa Barbara, CA. PURCHASE.
- McCarty, W. A. (2007). *Wondrous Beginnings with Wendy Anne McCarty, PhD, RN. What Babies Want Audio Lecture, Vol II [CD]*. Los Olivos, CA: Hana Peace Works. (Available at itunes and from author.) AMAZON
- McCarty, W. A. (2006) *Clinical story of a 6-year-old boy's eating phobia: An integrated approach utilizing prenatal and perinatal psychology with energy psychology's emotional freedom technique (EFT) in a surrogate non-local application*. *Journal of Prenatal & Perinatal Psychology & Health* 21(2), 117-139. PURCHASE
- McCarty, W. A. (2006). *Supporting babies' wholeness in the 21<sup>st</sup> century: An integrated model of early development*. *Journal of Prenatal & Perinatal Psychology & Health*, 20(3), 187-220. (Essentials from *Welcoming Consciousness*.)
- McCarty, W. A. (2005). *Supporting the integrated self from the beginning of life: What babies are teaching us*. *Alternative Journal of Nursing*, 8, July online issue.
- McCarty, W. A. (2005, April). *Keys from prenatal and perinatal psychology: What babies are teaching us [Keynote handout.] Reclaiming Our Choices in Childbirth Conference*. International Cesarean Awareness Network, the California Association of Midwives, and Birth Resource Network, San Diego, CA. NA
- McCarty, W. A. (2005, November). *The extraordinary things babies are teaching us: Evolving our understandings and how we support the sacred triad—babies, moms, and dads [Keynote handout.] Bridging the Gap: Assessing Current Practices and Their Impact on Mother/Infant Attachment*. Childbirth Education Association of Orange County Conference, Costa Mesa, CA. NA
- McCarty, W. A. (2005). *Nurturing the Possible: Supporting the integrated self from the beginning of life*. *Shift: At the Frontiers of Consciousness* 6, 18-20. (Free at [www.wondrousbeginnings.com](http://www.wondrousbeginnings.com).) FREE
- McCarty, W. A. (2005). *What babies are teaching us: A collection (eBook)*. Santa Barbara, CA: WB Publishing. PURCHASE
- McCarty, W.A. (2004). *Welcoming consciousness: Supporting babies' wholeness from the beginning of life—An integrated model of early development (eBook)*. Santa Barbara, CA: WB Publishing. (No longer available.)
- McCarty, W. A. (2004). *The Art of Birthing—What Babies Are Teaching Us: Key Principles from Prenatal and Perinatal Psychology*. Santa Barbara, CA. PURCHASE
- McCarty, W. A. (2004). *The CALL to reawaken and deepen our communication with babies: what babies are teaching us*. *International Doula* 12(2), Summer 2004. PURCHASE
- McCarty, W. A. (2004). *How our earliest experiences in the womb and at birth affect us now*. *The Energy Field*, 5 (1), 1. NA
- McCarty, W. A. (2002) *Keys to healing and preventing foundational trauma: What babies are teaching us*. *Bridges—ISSSEEM Magazine*, 13(4), 8-12. PURCHASE

McCarty, W. A. (2002b). The power of beliefs: What babies are teaching us. *Journal of Prenatal & Perinatal Psychology & Health*, 16, 341-360. (Purchase at [www.wondrousbeginnings.com](http://www.wondrousbeginnings.com); also included as appendix in *Welcoming Consciousness*, 2012.)

McCarty, W. A. (1997, 2000). *Being with babies: What babies are teaching us: What babies are teaching us, supporting babies' innate wisdom*, 2. Santa Barbara, CA: Wondrous Beginnings. PURCHASE Vol 1 and 2 as e-booklet PDF

McCarty, W. A. (1996, 2000). *Being with babies: What babies are teaching us, an introduction*, 1. Santa Barbara, CA: Wondrous Beginnings.

Markesbery, B. and Wong, W.M. (1977). Points for maternity patients. *American Journal of Nursing*, October. (Wong is a former name.)

### **Thesis and Doctoral Research**

*Impact of role perception and gender on adjustment to parenthood*. (1986). Doctoral Dissertation, University of Southern California. Awarded Best Dissertation of the Year, School of Education, University of Southern California, Delta Epsilon.

*Romanticism of parenthood, expectations of adjustment difficulties and gratification, and knowledge as components of adjustment to parenthood*. (1979). Masters Thesis, University of Kentucky.

### **Selected Interviews and Recordings**

White, K. (2015). Interview with Wendy Anne McCarty, PhD, RN, HNB-BC, DCEP. *Journal of Prenatal and Perinatal Psychology and Health* 30(2), 103-121.

Pam Oslie Radio Talk Show, *Welcoming Consciousness with Wendy Anne McCarty, PhD*. (recorded December 15, 2010). Retrieved 4/2/11 from <http://www.netbriefings.com/event/auracolors/Archives/radioshow/index.html>

[www.EFT-revealed.com](http://www.EFT-revealed.com). Audio interview with EFT session for stress during pregnancy (2007).

*What Babies Want Audio Interview Series: Dr. Wendy Anne McCarty, V2*. Audio CD. (2007). (Available for purchase from itunes store.)

*What Babies Want* (2004). Interviewed for award-winning documentary film exploring consciousness of babies.

Association of Comprehensive Energy Psychology: Audio recordings of Dr. McCarty's presentations: 2004-2014. [www.energypsych.org](http://www.energypsych.org)

### **Wendy Anne McCarty's work cited and discussed in other authors' books:**

Weinstein, A. D. (2016). *Prenatal development and parent's lived experiences: How early events shape our psychophysiology and relationships*. Norton Series on Interpersonal Neurobiology. New York: W. W. Norton & Company, Inc. (August 2016).

Chamberlain, D. B. (2013). *Windows to the Womb: Revealing the Conscious Baby from Conception to Birth*. Berkeley, CA: North Atlantic Books.

Levine, P. A. and Phillips, M. (2006). *Trauma through a child's eyes: Awakening the ordinary miracle of healing*. Berkeley, CA: North Atlantic Books.