

Spirit Baby: What You Can Learn From Your Future Child,
Christine Nightingale, 2016, Charleston, SC: Create Space, ISBN
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Christine Nightingale avoided talking about her “reluctant gifts” for about 40 years. She used them in life and teaching but wanted to be “normal” so she hid them. As a baby she had past life dreams. As a child, she was aware of angels in the garden and talked with them. Growing older she realized that others she knew weren’t having these dreams or conversing with angels. For 30 years her intuition aided her in helping the children she taught, discovering deafness in one child who had been labeled a problem student and discovered learning disabilities in another. Knowing about these conditions led to actual diagnoses instead of labeling. These children were able to work at their optimal levels with her help. Yet it was a long time before she was comfortable in her unusual skin.

With these gifts she continued to add others to her repertoire. She learned about Reiki, past life regression, hypnosis, aromatherapy, and psychology. By 2011 she was seeing her first spirit baby clients.

Spirit babies live in the mother’s or father’s aura and are yet to be born, have been miscarried or terminated, or have died in early childhood. They may be waiting to be born, choosing their parents, developing inside the womb or coming through from the other side to incarnation. Spirit babies can be communicated with, says Nightingale. There are several means of communication. Clairaudience is when she hears the messages from the baby within. She must be with the mother for this to occur. Clairvoyance happens when she gets a third-eye visual of how the baby is choosing to look at that moment. Clairsentience is a physical reaction she gets if the information is very powerful and claircognizance happens when a large amount of information comes in at once. Then she just knows what needs to be communicated.

Spirit Baby communication is more common than we may realize as most mothers understand that they can communicate with their unborn infant. Mothers notice the change in energy as different people engage with her and how the unborn baby responds to the mother’s moods.

Nightingale tells about encounters she has had with parents and spirit babies. She has helped parents communicate with their unborn or not-yet-conceived children and shares those conversations. She also states that we all have the capability to communicate in these ways.

Spirit speaks to us all the time. If we ask a question of the universe, the answers will come in an amazing number of ways. We can develop (or just allow) clairaudience (hearing), clairsentience (gut feeling), claircognizance (knowing without having been taught), or clairvoyance (seeing or understanding with an inner eye) (p.87).

“Intuition is a great gift we all have and we can all develop” (p.88).

In chapter three, Nightingale discusses the infertility and miscarriage epidemic and offers behavioral and mental changes to increase the likelihood of fertility. Here is where she offers hypnosis for fertility, Reiki, foods free of pesticide residue, checking the possibility of gluten response, and modifying the diet as necessary and raspberry tea daily to strengthen the uterus. Talking to your baby lets your baby know they are wanted and singing is even better.

Nightingale has self-published *Spirit Baby* to encourage us to communicate with our unborn children or even pre-pregnancy children from the other side. She encourages channeling so that we can understand our own past lives and the difficulties we have been reincarnated to work on. She has special gifts that allow her to help families to a more calm and peaceful existence.

While reviewing this book, I found myself listing ways in which I had experienced some of the four methods of communication. You, too, may find that your intuition has been active and that you can trust yourself to act upon that information.

While I understand the need for self-publication, this book might have benefitted from closer editing for typos and grammatical errors. I found myself wanting to re-order some of the information and wanting more details in some areas. However, don't let that deter you from experiencing Christine Nightingale's life as a communicator with spirit babies.

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