

## In Memoriam

### Terence Dowling (1957-2024)



Terence Dowling was a pioneer of prenatal psychology. He was internationally recognized for his groundbreaking work on the placenta and its connection to mythologies around sacred trees. As trees of life, placentas magically ensure the world's continued existence.

Terence was born in Newcastle, England in 1957. He studied medicine at Cambridge on a scholarship and expanded his interests to psychology, cultural studies, and theology. Terence independently used and deepened

the enneagram to grasp prenatal imprints.

Terence's journey as one of the first prenatal psychologists of his time was marked by his stays in Rome and Greece until he found his home in Germany in the 1980s. After participating in the International Society for Prenatal Psychology and Medicine Congress in Bad Gastein in 1986, he collaborated closely with Ludwig Janus in Heidelberg until his death.

The current patriarchal structures in psychology, psychotherapy, and medicine prevented Terence Dowling's brilliant insights into the presence of the earliest human experiences from gaining wider acceptance in line with their significance. His ideas found resonance in osteopathy, particularly in the osteopathic school of Torsten Liem in Hamburg. Otherwise, he predominantly imparted his profound knowledge in self-awareness-related groups at various locations, primarily in Germany and Austria, where he taught his concept of deep psychosomatics. The concept extends psychosomatics to include the prenatal and perinatal dimensions, placing Terence far ahead of his time.

Terence began his psychotherapeutic practice and his work with groups in Germany in 1984, always incorporating the body and the information stored

there. His demonstrations at conferences in front of large audiences were always impressive. He showed how to grasp and reconstruct the birth process of the respective person with great precision by touching the head and shoulders and feeling the tensions stored there. Terence dazzled audiences with his fascinating presence and ingenious grasp of early imprints. We are deeply saddened by Terence Dowling's untimely passing. He lives on in the hearts and minds of those who had the good fortune to meet him.

Ludwig Janus, MD and Thomas R. Verny, MD